

THE LIGHT SALON®

SKIN HEALTH & WELLBEING

The Light Salon Remedies

*Please note that the below can be performed on the ground floor and on the 4th

The Signature 830NM Light - £45 / 30 Minutes

Energise, uplift and revive your mind, skin and soul.

The ultimate skin quick fix, our trademark treatment sends energy to your cells to treat the skin from the inside out and rejuvenate the complexion.

*25 Minute treatment time.

The Blue 415NM Light -£45 / 30 Minutes

An acne-tackling treatment to fight pesky blemishes.

Best for acne-prone complexions, our Blue Light treatment kills bacteria, reduces oil production and prevents future breakouts.

*30 minute treatment time.

The Bespoke Light - £45 / 30 Minutes

A personalised protocol for any and all skin concerns.

Customised to your complexion's needs, our Bespoke LED light treatment targets every skin woe under the sun. Think redness and inflammation or tired and dehydrated skin.

*30 minute treatment time.

Signature 830NM Light + Brightening Treatment - £85 / 45 Minutes

Refine skin with a vitamin A boost or an enzymatic exfoliation.

Customised to your skin type and concerns, our trademark LED treatment combines a brightening and gentle enzymatic exfoliation or a refining and energising vitamin A peel.

*40 minute treatment time.

Signature 830NM Light + Mask - £65 / 30 Minutes

Prep your canvas pre-party with your mask of choice.

Choose between our cooling Hydrogel or soothing Cream Mask to instantly hydrate the surface of the skin, while our trademark LED treatment sends energy to your cells to refresh the complexion from the inside out.

*30 minute treatment time.

Maintenance Remedies

Please note that the below can be performed on the ground floor and on the 4th.

The Cleanse - £125 / 60 Minutes

A pore cleansing, blue light rejuvenating remedy to balance skin.

Our powerful dose of deep cleansing blue light combined with an effective clay mask draws out impurities, encourages detoxification, reduces inflammation and balances skin.

*55 minute treatment time.

The Peel & Heel - £85 / 45 Minutes

Treat your skin when it takes a turn for the worst.

When your skin is misbehaving-think dull, slightly sluggish, hormonal breakouts, clogged pores, pigmentation or uneven texture and tone - consider this your rescue remedy.

*40 minute treatment time

The Pollution Defence - £125 / 45 Minutes

A treatment to fight environmental stressors and inflammation.

This gentle, vitamin B-rich treatment, which deeply cleanses, detoxifies and removes impurities, is antibacterial and helps reduce breakouts, calm inflammation and balance oil production.

*45 minute treatment time.

The Radiance - £125 / 60 Minutes

A radiance-boosting facial delivering instant gratification.

Our super-charged enzyme treatment, rich in fruit acids and peptides, is combined with an LED light session followed by a de-puffing massage for camera-ready luminous skin.

*50 minute treatment time

Super Renewal Hair + Growth Factors - £245 / 60 Minutes

A regenerating scalp treatment to encourage hair growth.

Our advanced growth factor hair complex is delivered into the scalp through a dynamic microneedling + LED treatment to repair damaged hair and stimulate regeneration of active, new follicles.

*60 minute treatment time

**Treatment must be carried out on clean hair and post treatment, client is not to wash hair for 24 hours

***Please do not colour hair for 72 hours post treatment

Add Ons

Please note that the below can be performed on the ground floor and on the 4th.

Vitamin A Treatment - £40 / 15 Minutes

Energizing, resurfacing and brightening

*10 minute treatment time

*must be booked with another treatment

Mask - £20 / performed at the same time with chosen Light

Choose between our cooling Hydrogel or soothing Cream Mask to instantly hydrate the surface of the skin.

*must be booked with another treatment

Enzymatic Treatment - £40 / 15 Minutes

An Enzymatic Peel to brightening, refreshing and glow.

*10 minute treatment time

*must be booked with another treatment

Extended Massage - £20 / 10 Minutes

Uplifting, skin sculpting and stress relieving.

*10 minute treatment time

*must be booked with another treatment

Add Ons 4th Floor

Please note the below treatments can only be performed on the 4th floor.

De – Puffing Full Body Booster - £40 / Added on to a booking

Pressotherapy - lymphatic stimulating, toxin clearing and water retention diminishing

*must be booked with another treatment

Microdermabrasion - £40 / 30 Minutes

Corrects, strengthens and clarifies.

*15 minute treatment time

*must be booked with another treatment

Health and Wellbeing Rooms

4th Floor

The Kegel Throne - £175 / 30 Minutes

A medically-backed device that strengthens the pelvic floor.

Our intimate Health and Wellbeing Room houses the Kegel Throne, a medical and scientifically backed device that uses electromagnetic currents to deliver 11,000 super-charged Kegel exercises in just 28 minutes. Crafted to make life more pleasurable in a myriad of ways, the Kegel Throne can be enjoyed alongside an uplifting dose of LED light therapy without removing your clothes. The results? An activated, toned and more controlled pelvic floor muscle. i.e. better sex and so much more.

*30 minute treatment time

The De-Puffing Full Body Booster (pressotherapy) - £85 / 45 Minutes

Boost lymphatic health to energise, uplift and revive your mind, skin and body.

Improve full-body circulation and remedy a sluggish state of mind.

Our pressotherapy suit delivers an incredibly effective manual lymphatic treatment to improve circulation, reduce water retention and puffiness and diminish the appearance of cellulite, all while relaxing under our trademark LED light.

*40 minute treatment time

The Full Body Light - £105 / 45 Minutes

A cellular work-out to revive and reset everything below the face.

This nurturing treatment will re-energise the face, body and mind allowing you to pause, repair and reset by enveloping the body under Near-Infrared LED light.

*35 minute treatment time.

The Top-To-Toe Light - £130 / 60 Minutes

Re-energise from head to toe, mentally and physically.

This nurturing treatment will re-energise the face, body and mind allowing you to pause, repair and reset by enveloping the body under Near-Infrared LED light.

*50 minute treatment time

The Peel & Heal: Body - £85 / 45 Minutes

An exfoliating and refining peel to reveal radiant skin.

Lightly exfoliating, smoothing and refining, the Peel & Heal treatment is the perfect remedy to relieve inflammation in a specific area of the body (back, décolletage, derriere, arms or legs)

*40 minute treatment time

The Targeted Light: Body - £85 / 30 Minutes

A treatment to target the areas you normally can't reach.

Depending on your needs, our targeted light treatment gets to the root of one area

(back, décolletage, derriere, arms or legs) for whatever ailment you need to solve. Think acne, joint pain or inflammation.

*30 minute treatment time

The Lift, Light & Glow - £135 / 60 Minutes

Paired with a little of everything to reveal glowing skin.

This face and body treatment delivers an instant glow thanks to a light enzyme mask, drainage massage, a cream mask application and of course LED light. Perfect for lacklustre skin that needs a little lift.

*55 minute treatment time.

Super Renewal + Hydrogel - £190 / 75 Minutes

A treatment that gets deep down into the dermis.

Our signature microneedling treatment addresses hyperpigmentation, sun damage, fine lines, enlarged pores, rosacea and acne scarring. It includes LED light and our hydrogel mask.

*60 minute treatment time

Super Renewal + Growth Factors + Hydrogel - £260 / 75 Minutes

A microneedling face treatment infused with growth factors.

Our signature microneedling treatment is amped up thanks to growth factors, which are delivered into the dermal layers to regenerate the cells, nourish the skin and speed up healing.

*60 minute treatment time

Super Renewal Body + Growth Factors - £240 / 60 Minutes

A body microneedling treatment infused with growth factors.

Created to target stretch marks and scarring, our signature microneedling treatment is amped up thanks to growth factors, which are delivered into the dermal layers to regenerate the cells, nourish the skin and speed up healing. And of course, it includes LED light.

*45 minute treatment time

Super Renewal Body - £ 170 / 60 Minutes

A full-body microneedling remedy to get below the skin surface.

Specific to the body, our signature microneedling treatment addresses stretch marks and scarring. And of course, it includes LED light.

*45 minute treatment time.

Light Packages

Can be used on both Ground floor and 4th Floor.

3X Signature Light Package - £120

6X Signature Light Package - £225

X12 Signature Light Package - £450